

Expected behaviours and practices: our agreed code of best practice

There will be a number of new behaviours needed to enjoy your time with us at Bletchley Leisure Centre. Please remember they are in place for both your, and our, protection and safety. We have high standards that we are extremely proud of.

There will be a number of changes that we all need to get used to but one thing is for sure, we cannot wait to welcome you back.

What we need you to know about your visit to Bletchley Leisure Centre:

- Stay at home and self-isolate even if you only have minor symptoms such as; such as cough; headache; mild fever; Exercise cannot 'sweat it out'
- All sessions need to be booked in advance. Please remember to do this.
- Please come 'ready' for your activity as changing facilities will be limited or closed entirely.
- Toilets availability will be limited to the single use cubicles only, on both levels, and due to the layout of our centre we ask that you co-operate with others on maintaining social distance.
- Regularly and thoroughly wash your hands with soap and water or alcohol-based hand rub to kill any viruses that may be on your hands.
- Please make sure you have washed and / or sanitised your hands before entering your activity session. We have extra sanitiser stations around the centre but we also recommend that you bring your own.
- Maintain a distance of at least 2 metres from other people (social distancing) in case they or you cough or sneeze spreading the virus through droplets.
- We will continue to offer services to our GP referral members & the Health Hub will be open and available to book. There may be some restrictions for those users who have been shielding, please refer to our website for more details.
- Our team have increased cleaning and sanitation of the centre and this may mean lead to certain areas being unavailable for short periods whilst additional cleaning takes place. We will also be providing hand sanitiser stations around the centre.
- We are pleased to say that there is a fresh air supply and extraction system in all areas of the building. We will also adjust our systems so that air is not re-circulated.
- The use of face masks is not compulsory but you can wear one if you would prefer.

Carpark:

Choose your space away from other parked cars.

Respect social distances once out of your car.

The lift should only be used, one person/household at a time.

If there is a queue to enter the centre, please find the next socially distanced marker to wait at.

Please note there will be no through access of the centre, all other visitors to Bletchley will need to walk around the building.

Inside the centre:

Please use the hand sanitiser on entry and exit.

There is a one way system, and we ask that you stay to the left to ensure social distance is maintained.

Social distanced waiting markers will be accessible until the front of house team are ready for you.

Cashless payments are advised.

There are screens in place for your and our protection.

Fast track tablets will be available to pre-booked and paid users: please follow the one way system and adhere to social distancing to utilise. Please use the provided hand sanitiser before and after use.

Dry side users will continue in the same direction, staying left.

Wet side users will be able to enter the pool area as normal, by following the floor markers.



Wet side activities:

You will have come 'swim' ready and pre-showered.

The one way system will continue.

If you need to use a locker please ensure you have a padlock as this is the only style that will be available to you.

Remain socially distanced whilst using lockers – signage will help to remind you.

Follow the one way system to enter the pool and on exit from the pool.

Lane numbers must be seriously observed so please do not object should our team have to remind or ask you to wait or enter a different lane.

Once you have finished your activity, you can rinse off but we ask that you do not delay yourself in the changing rooms.

To exit, follow the one way system, via the gallery gate and then out through the café door.

Dry side activities:

Continue to follow the one way system and stay to the left.

If you are going to the gym or studios, only one person on the stairwell –there will be markers and signage to remind you ;)

The lift should only be used, one person/household at a time.

Please continue to follow the one way throughout your journey and where necessary, stay on the social distanced markers when waiting to enter spaces.

Capacity is reduced and areas gridded for your protection, please do not object should a member of the team need to remind or make changes to behaviours to ensure adherence.

Studios:

Please do not arrive too early for your group exercise, we are having to reduce the temptation to congregate and this will help us greatly.

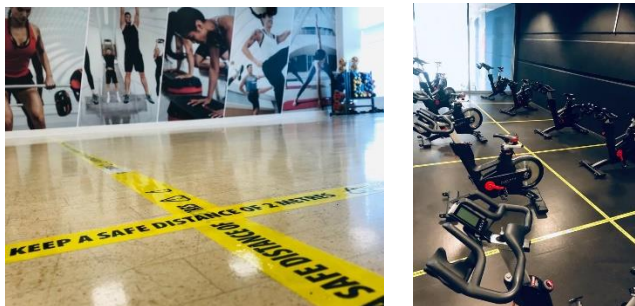
We have reduced sharing kit to minimal, and only where we have the time to ensure cleaning is achieved.

Our programme will be temporarily changed to ensure your safety and the safety of our teams. We have added an outdoor space to help overcome this, as well as live stream and remote sessions.

You will have brought your own mat with you 😊

Your GX Coach will direct you in and out of the studio safely.

Please follow the one way system to exit the centre.



The Gym:

If you are using the gym, we ask you to clean the kit before and after use, to support the team who will also be cleaning the kit after use and hourly.

Do not use your own towel to wipe the machines down, instead use the blue towel provided.

Spotting and sharing of machines with those not from your household is not allowed so please be considerate to your fellow user over the time spent on a piece of equipment.

The gym has been redesigned to ensure social distancing, in some areas we will manage this through capacity limits, so please adhere to the signage and communication and monitoring from the centre team.

Please follow the one way system to exit the centre.



Sports Hall:

Please continue to stay to the left, around the hall, within the directional marking to get to your court.

Please be mindful of any other users and ensure you maintain social distance at all times.

Upon re-opening only badminton will be the only sport available to book, this can be carried out online.

We will not be hiring any equipment therefore you must bring your own equipment

Other sporting activities will be reviewed on a weekly basis.

Any customer observed not following the above code of conduct will be asked to leave the centre immediately by centre team.

Note if you are showing any of the symptoms of COVID-19 such as cough, headache or mild fever, for your safety and for the safety of your friends and their families stay at home.